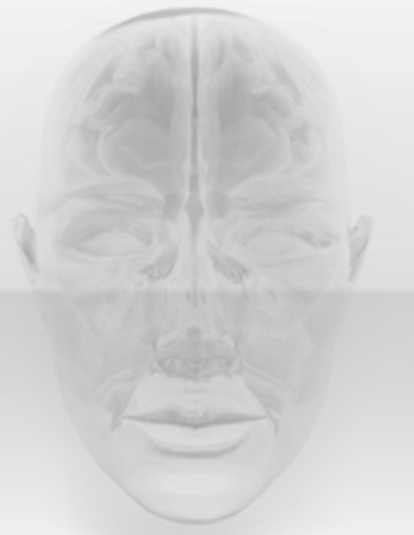


Virtual Coaching



SAMPLE CLIENT TESTIMONIALS

MANAGING DIRECTOR, PUBLISHING BUSINESS

"I am fifty six years old and I am finally confident following my coaching with you. Thank you"

DIRECTOR, INVESTMENT BANK

"KGA Virtual Coaching

What a fantastic approach to Executive / Professional Coaching & a definite step into the 21st century!

Using skype as a platform for regular sessions, I felt this put me in a more focused approach to the process rather than feeling it was just another event in my diary that I needed to slot in. By no means is this the "lite" version. You have to own & take responsibility for your development & in that respect I think this is a more rewarding approach than being potentially "pampered" by the coach who previously has brought feedback to you each time. THANKS"

Accessible, Adaptable, Cost Effective and Fit for Purpose Coaching Support...

Nurturing your best talent...

KGA offer some of the best coaches for Managers and Directors in the UK. Our coaches are all professionally trained in business coaching ; have held in house operational positions; have several years experience of coaching and the testimonials that go with this; are absolutely passionate about helping people be the best they can be and are committed to ongoing self development and supervision to ensure our clients get the best on offer in the market.

Given the global economy we wanted to ensure that our clients still had the opportunity to receive this support so they could continue to grow and develop despite tighter budgets. Offering virtual Coaching is the solution to this. By 'Virtual' we mean coaching using Skype and Webcam or Telephone Coaching. The timing for the sessions will be very flexible to accommodate the coachees diary - evening and early morning sessions are available. The client can choose the length of the session within the overall framework of the contract - again to work around the coachees commitments and challenges they will be facing at that time. The frequency of the sessions will be agreed between coach and coachee - again dependent upon the goals and the package chosen.

We have tested the idea out historically and our clients have valued the intervention as much as face to face coaching. Our current model however does recommend that the first coaching session is done face to face and is far longer than the rest of the sessions. This will be important time for the relationship to build between coach and coachee and it will be critical to developing the contract for the work. We encourage the manager of the coach to be part of this initial session so a

three way contract can be agreed.

Typically most coaching is aimed at raising personal performance which in turn increases business performance. Sometimes, coaching might be about providing more subtle support in a confidential setting to sustain performance through challenging times. It is important for the client to think about their coaching goals before agreeing which Virtual Coaching package will support them best. We currently have three on offer:

Silver: Half a Day Face to Face Session + 4 hours of Virtual Coaching Support split across 4 sessions.

Gold: Half a Day Face to Face Session + 7 hours of Virtual Coaching Support split across 7 sessions.

Platinum: Half a Day Face to Face Session + 12 hours of Virtual Coaching Support split across 12 sessions + final 2 hour face to face session and 3 way contract review.

We have 10 highly experienced Executive Coaches

Find out more about some of our coaches at www.kga-associates.com and clicking on our coaching page.